MARCH 1997
VOLUME 13 NO.3

SACWN

SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

SACWN PRESENTS...

A POETRY SALON

WITH

KATHY MENGLE

Kathy Mengle has been writing poetry since she was 14. She was co-editor of the campus literary magazine at Lycoming College in Williamsport, Pennsylvania and published articles in The Ladder. In 1993, she self published a volume of love poetry.

Kathy also writes Haiku, which is Japanese short verse. In recent years, she has expanded her writing to novels, plays and non-fiction. She is the author of *Tools for Healing*, published by DeVorss & Company. Her first novel was published by Naiad Press in 1976 and is currently out of print.

Date: Friday, March 21, 1997
Place: SACWN Office
3031 F Street, Suite 201
Time: 6:30 p.m.
Tickets: $ 5 Member
$10 Non-members and
At the Door

See ticket order form on inside back cover.

An event for women over 21.

From the Steering Committee

It was the most incredible evening. Actually, the first two weeks of February were pretty unbelievable. We had been trying to bring Suzanne Westenhoefer to Sacramento to entertain you for the past 18 months. Twice before we had tentative dates that cancelled when she got a "better paying" offer. So last December, the SACWN Steering Committee decided to take a chance and made a "great" offer to Suzanne, which she accepted. We then began to worry if we could cover all the costs.

We sold out! We sold out of tickets on the Tuesday before the Friday night show. The phone kept on ringing, we could have sold many more tickets. There was a moment when we thought that we should have rented the ARCO Arena.

Thank you for your support. About 60% of our members bought tickets, and we sold all 900 seats in the theater to others in the community. We know that many of our members who waited until the last week were not able to buy tickets. We are sorry you were disappointed. You missed a great show!

Suzanne arrived in Sacramento on Friday afternoon with straight hair. This was a shock. You remember that all of her publicity shots showed her with "big frizzed hair". She had just gotten it trimmed and began her performance by admitting that it felt very different to her to have straight hair.

She kept the packed house at the Crest laughing for more than an hour and a half. Her stories were ones we have lived. "What are you thinking?" was a personal favorite. Some of the material she performed was from her newly released CD, *Nothing in My Closet But My Clothes* that was available that night. If you can't find it locally, call Olivia at 510/655-0364.

After the performance, more than 40 women that had supported the concert by becoming SACWN Sweethearts, attended a party at 1201 K Street. Suzanne continued to entertain and delight us.

Special thanks to Denice and Linda who provided transportation and lodging for Suzanne and her partner Annie during their brief stay in Sacramento. Also thanks to the production team that worked the box office, ushered and sold videos, Carol, Kathy, Gloria, Danielle, Lucja, Jeanette, Candie and Nancy.

We have more exciting programs coming up for you, an assortment that I'm sure you will enjoy. Check out the calendar on page 4 for the details.

As we prepare for spring, the rebirth of our energies and the newly blossoming gifts from Mother Earth, we wish you a spring full of joy and contentment.

Happy Vernal Equinox!

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card 3 1/4 x 1 3/4	$25	$37
Two-column ad 4 1/2 x 2 3/4	$40	$60
Quarter page 3 1/2 x 4 1/2	$50	$75
Half page 7 1/8 x 4 1/2 or 3 1/2 x 9 1/2	$90	$135
Full page 7 1/2 x 9 1/2	$160	$240
Classified ads (per word)	.40	.60
Discounts (prepaid) 1 year	20%	
Discounts (prepaid) 1/2 year	10%	

Advertisers are not necessarily lesbians. We do not warrant the services or products of advertisers.

SACWN STEERING COMMITTEE

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(916) 447-7255
Jane Irwin, Finance Coordinator
(916) 424-3153

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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

Special Interest Groups - March 1997

Special Interest Groups (SIGs) have come and gone over the years of SACWN. Each group offers a special environment for lesbians to get to know others in a smaller, more intimate setting than our larger events.

A good idea gets a SIG started and dedicated women, willing to answer informational phone calls, plan the events, and then remind everyone to attend, keep it going.

We know that the SIGs are an important resource for women, especially during transitional times in their lives.

The Mom's and Kids SIG struggled along under the leadership of several SACWNites and recently made the decision to fold. SACWN would love to be the sponsor of a group for lesbian moms and their children. We thank all of the women who tried to make a go of this SIG and look forward to finding a new facilitator.

The Couples Group seems to be waning again. Thanks to Julie and Diana for their efforts to keep it alive.

And Debbie's Newcomer's group is on hold until needed. No info from the Four Wheelers may mean that they've had a flat. We do appreciate all of the efforts of these fine women.

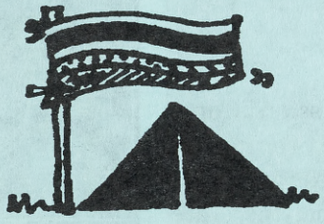
Have an idea for a SIG? Call Sandy at 451-8034 to discuss starting a new SIG.

WILDLIFE, BIRD WATCHING AND PHOTOGRAPHY HIKES

Call **Linda at 921-9052** to find out about the upcoming activities.

TOP 10

Our next meeting will be on **March 16** and include a St, Patrick Day pot luck at Dottie and Betty's home at 3 p.m., Call for details and directions. RSVP by March 12 to **Dottie or Betty at 456-2577.**



RAINBOW CAMPERS

Here's the schedule for the 1997 summer of camping fun.

Apr 11-13- Coloma; Joyce & Barbara 929-3074

May 16 & 17 - Sandy Beach Delta Park; Kathleen 684-3741

June 20 & 21 - Casini Ranch; Casey & C.J. 366-7362

July 4-6 - Mt. Shasta, Scott Flats; Vicki 564-6907

August TBA - Wrights Beach; Carolyn & Nancy 381-8175

Sept 20-21 - Coloma; Linda & Denice 641-8565

All campers are welcome with tents, trucks, RVs, mattresses, etc.

THE BOOK GROUP

The next meeting of the book group will be at 7 p.m. on **March 28** at the SACWN office, 3031 F Street, Suite 201, Sacramento. The book under discussion will be Angle of Repose by Wallace Stegner. Future books: Memory Board by Jane Rule in April and An Unknown Woman by Alice Killer in May. For information, call **Joy 452-5513.**

1/2 FAST HIKING GROUP

(FOR MATURE AUDIENCES ONLY)

No power walking - no endurance contests. Join those of us who like to savor our nature experience. We will be going to beautiful and interesting places, but will take time to smell the flowers, pick up a rock or piece of driftwood, learn some history, or just stop and breathe in the beauty. Our first trip will be on Sunday, **March 9** to the Sacramento River Trail in Redding. Call **Ann at 443-3638 or Sue at 927-8320** for details.

PINOCHLE GROUP

Pinochle, anyone? Joy Fisher and Joyce Austin are looking for non-smoking pinochle players for regular get-togethers. Please call us at **452-5513**.

SINGLES GROUP

Join us for some or all of the following:

March 2 - Brunch

March 5 - Black Manbasa

March 7 - Cris Williamson at the Palms

March 8 - Coitcha Night, Fujii Movie at Tower

March 15 - Comedy - Video night with pizza

March 22 - Potluck and game night in Antelope

March 29 - Miniature Golf (weather permitting)

April 5 - Movie night

For details on any of the above happenings, call **Ann at 927-6038 or 845-3906 (days).**

SACWN COMMUNITY CALENDAR

SACWN EVENTS

The format of the SACWN Salon includes an hour of mingling with a drink in hand followed by a discussion led by the presenter for the evening. The Salons are held at the SACWN office and usually attended by about 20 women.

FRIDAY, MARCH 21, 1997
SACWN SALON
POETRY

Kathy Mengle will lead the poetry discussion. Come prepared to read your work or listen to the offerings of others. This Salon is for those who write, those who want to write, and those who are fascinated that there are women who write - poetry.

FRIDAY, APRIL 18, 1997
SACWN SALON
HAWAIIAN WEDDING PROJECT

Sacwnites Joy Fisher and Joyce Austin will tell us about the project, it's herstory, goals, progress to date and expectations for the future.

FRIDAY, JUNE 6, 1997
STARLIGHT SERENADE DANCE
CAL EXPO

Welcome the summer and Gay Pride Month by dancing under the stars at CAL EXPO. It will be a very special treat. Save this date!

JULY 18 -20
THE FIFTH ANNUAL SACRAMENTO WOMEN'S GATHERING AT CAMP AUGUSTA

We rent the campground for the weekend and celebrate being together. It's a little bit like the going to camp when you were a kid, and a little bit like going to a family reunion with cousins that you really like.

There will be workshops, a dance, and lots of free time. Canoeing, hiking and swimming at the base of a forty foot waterfall with 60 other lesbians is a joy that can't be found elsewhere! There are even hot, private showers! Is this the definition of heaven?

Be sure to keep this weekend open. The sisterhood is empowering!

Jane Irwin and Susan Westenhoefer at the Sweetheart Reception

IN THE COMMUNITY

March 1, Sacramento Women's Chorus, 10th Anniversary Celebration Dinner and Concert. St Ignatius Parish Center at 3235 Arden Way, between Fulton & Watt. Advance tickets $10 available at the Gifted Gardener until Feb 24, $15 at the door if seating is available. Or call 481-3224.

March 6 - LGS .. Lesbian Support Group in Auburn at the Dewitt Center from 7-9. For information, call 632-7080.

March 9 - Gay and Lesbian Sierrans - Downhill skiing, Call Connie 972-9230

March 22 - Gay and Lesbian Sierrans - Mountain biking near Cool

April 3 - LGS .. Lesbian Support Group in Auburn at the Dewitt Center from 7-9. For information, call 632-7080.

April 4-6 - African American Women on Tour - An Empowerment Conference, promoting sisterhood, self-employment, entrepreneurship and community building among African American Women. At the Marriott City Centre, Oakland. For information, call 619/560-2770. (FYI - There was no indication of lesbian content in the materials received.)

April 26-27 - CA State Conference - National Organization for Women, Executive Inn, 2030 Arden Way, Sacramento. Speakers include Dr. Susan Love, Assemblywomen Sheila Kuehl News Anchor Lois Hart, Sacramento Bee columnist Anita Creamer. For information, call 441-6443.

SUCCESSFUL SACWNITE

Mary Bolton was born and raised in Los Angeles and went to Glendale High School and Junior College. "I went to UCLA where "love" walked in, married, had 5 children and at the end of 20 years love walked out of my life, leaving me free to begin the exploration of who I really was."

Mary went back to school and earned a Masters degree in English and Communications from the Oakland University in Rochester, Michigan. She then came west with the 5 kids and settled in Fair Oaks.

"I was among the hard core unemployed for a year and then got a job at UC Davis in the Counseling Center. I had an opportunity to design, with a colleague, the Learning Assistance Center, a tutoring and teaching program."

"It was during that time that I understood that I wanted to be a part of the lesbian community. I read a review in the college paper of the movie. "The Killing of Sister George". They quoted Sappho, and the play and I found my self saying, "yes". It was like a surge within in me - it spoke to my inner being. I knew that was me."

"It was an exciting time. I was working mostly with women at the college. I attended the first Women's Conference in 1973 at Sac State. Robin Morgan, Kate Millet, Rita Mae Brown and other feminists spoke. Women in the audience stood up and came out as feminists and as lesbians. It was wonderful and exciting. There was tremendous energy and the power was transforming. From then on I always felt a part of the lesbian and feminist community."

"I took a stand politically and rather publicly on the campus on women's issues. We fought for a women's center. I became identified as the counselor for the lesbian women."

In 1978, Mary left the University to start her own business. "I realized that there was a need for assertiveness training for businesses and professionals. I began working with nurses who were just beginning to understand that they weren't the handmaidens of doctors. I had contracts at a state and local level to begin the business, and then within weeks, Proposition 13 passed and the phone rang off the hook with cancellations. At first I was shaken. But in working at the Women's Center, I had developed a cliental base and the private clients kept me going."

"In partnership with a local psychologist, I consulted with businesses, presenting training programs, setting up employee assistance procedures, and introducing the concept of women in management. With one local supermarket chain, I worked to increase their consciousness around child care issues for their employees, many of whom were single mothers. From that work, a Cafeteria benefit package was developed and offered by management to the workers.

"Lately I have been writing. I have one book, yet unpublished, entitled *Song of Madeleine*. Set in the 12th century, it is historical fiction, the story of the women who went on the Second Crusades with Eleanor of Aquitaine. I went to Great Britian in 1982 and again in 1984 to an island called Iona. There I found a 12th century convent once inhabited by Benedictine nuns. Outside the convent is a statue, not unlike the Willendorf Venus. The inscriptions read in Celtic. "Earth Goddess". I began to wonder if all the convents were continuations of Goddess worship. In my research, I discovered Eleanor of Aquitaine. In reading, I found the quote, "there were other women who went with her, too numerous to waste the paper to name", so I thought I would "revision" that part of his story and name the women and tell about their lives on the two year trip."

Mary is currently working on a trendy novel, " about a murder that everyone thinks is an accident in a flood".

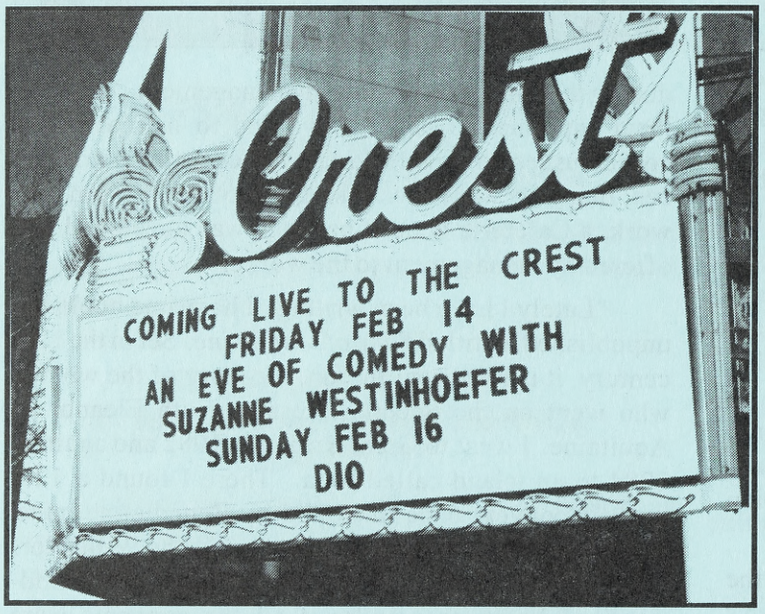
Single, she shares her home with a son, and keeps busy with grandchildren and her work. "I see myself as an old crone, and that's very comfortable. I passed my 70th birthday, and I play regularly on a tennis team.

Success to Mary is having the gift of strength to overcome barriers and gain a little wisdom about life along the way, to feel blessed in one's life.

SACWN SAYS....

Way to Go Girl! - As lesbians, something recently occurred that should make us feel really proud. Not only are there two lesbians currently serving in the California State Assembly, but Assemblywoman Sheila Kuehl has been chosen as Speaker Pro Tem, making her the second in command of the body. She presides over the Assembly whenever the Speaker of the House is not on the floor. She is the first woman to fill this position and is certainly the first out lesbian to do so. Her selection is in recognition of the skill, and intelligence she has demostrated during her brief time in the Assembly.

Can You Stand It If We Brag One More Time? The following picture was taken on the morning of the Westenhoefer concert. Far out!



Wondering About this Group Called SACWN? This may be the first newsletter you've recieved from SACWN. You probably signed up at the Comedy Concert to receive information or we may have captured your name from your check when you bought tickets.

This is a **blatent** request for you to join the organziation. You'll find an application form on the inside back cover. If you've read this far, you know that we plan all kinds of activities for lesbians to meet in safe and confortable environment. In doing so, we provide a forum for lesbians artists to share their work. We keep lesbian culture alive in Sacramento.

We need your help to continue our work. Think of the cost as "*lesbian dues*". You may not attend every event produced by SACWN (but if you do, you"ll get $5 off the price of the ticket when you register before the day of the event). You may not be interested in all of the activities. (We do try to provide a wide assortment of activities throughout the year.) You will receive a newsletter 10 times a year with information about SACWN and community activities. Your support of SACWN (less than 75 cents a week) provides a resource in the community for women in transition, for women new to Sacramento, for women just coming out. And along the way, you'll be the first to hear about great entertainment like the Westenhoefer Concert.

We think it's a good investment. One that returns far more value to the lesbian community than each of you individually may see or know. It a gift we can be proud to give to ourselves and and to our sister.

Calling All Artists! We need a design for the T-shirt for the Fifth Annual Sacramento Women's Gathering. The winning design, chosen based on creativity and appropriateness will be used in the flier for the event, the June SACWN newsletter and on the T-shirt. The winning artist will receive a free t-shirt, a business card size ad in the June newsletter and a a non-transferable "half price" registration to the Gathering. Entries are due to the SACWN office by May 1, 1997. The entries should be in a format that can be easily reproduced on the shirt and scanned for the newsletter.

Do You Know About Lambda Letters? Now in it's ninth year of operations, the Lambda Letters Project delivered over 48,000 letters to legislators, agency directors and other influential decision makers last year. When the religious political extremists mounted a huge campaign to pass state bills banning same-sex marriage last year in California, this all volunteer group delivered over 7,000 letters opposing those bills and every one of them failed. In 18 other states, that do not have projects like Lambda Letters, the extremists succeeded in passing laws banning same sex marriages.

It's so easy. Every month five or six letters are sent to participants for their signature. Sign and return and Lambda Letters does the rest. For information, call 965-6851.

CLASSIFIED ADS

BREAKING-UP, HEALING AND LETTING GO

Three part lecture/discussion series for those who have recently ended a relationship or who are in the process of breaking up.

Tuesdays: April 15 & 29, May 13 6:30 - 8:30 p.m. Facilitator: Melinda Facelli MFCC #MFC30351 (**783-0563**)

WANTED TO RENT

Two bedroom house with yard. Clean, quiet, under $700 per month. Call Candie at 672-8328.

MOVING - MUST SELL

19'class A RV motorhome. Dodge "Concorde" generator, A/C, new refrigerator. Call Yvonne at 455-5714

NEED HELP WITH YARD

Looking for someone to clean up neglected yard. Weeding,, pruning, weekends okay. One time project. Tools provided. Call 428-9624, leave message.

WOMEN'S RIVER TRIP

Join us for summer fun! Ride the tops of the waves! Enjoy the best guides on the river! Raft with state-of-the art equipment on the South Fork of the American River!

JUNE 25-27, 1997

Arrive Wednesday, Raft on Thursday & Friday

SACWYN members: RVW and Mariah Tours have joined forces for a fun, safe river trip of the highest quality. This will be a non-competitive, well-organized whitewater rafting experience for women who want to have fun and increase their skills and self-confidence. We'll be staying on a private ranch, with dry camping for 30+ RVs and tent space on the river; you may rent a tent and other necessities. Includes 2 Days Rafting, 2 nights camping, all rafting shuttles and equipment, experienced guides, evening activities, slide show & campfire, 5 meals, only $225 ea.

SIGN UP NOW! Send $100 deposit to hold your space to **RVW, PO Box 1940, Apache Jct, AZ 85217.** Non-Rafters may accompany you and parti-cipate in meals and evening activities for $75 each. Want more information? Contact RVW - **(602) 983-4678** - but hurry - you don't want to miss this one!

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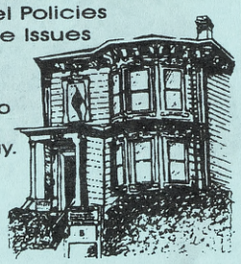

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Licensed Clinical Social Worker

Lic#LCS17988 **(916) 486-3650**

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Relationships, Communication, Coming Out Issues

THE FORMS

SUBSCRIPTION RENEWAL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

CATEGORIES	RATES
Regular Subscriber	$36/year
Two-in-One Household	$60/year
Limited Income Subscriber* (Student/Senior/Disabled)	$24/year
Sustaining Subscriber**	$48/year

Enclose check and mail to: **SACWN, Inc., 3031 F Street, Suite 201, Sacramento, CA 95816**

Name(1) Name(2)

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Career Interests

(1)_____

(2)_____

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This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A $10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature_____ Date_____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS -Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

TICKET ORDER FORM

SACWN Salon

Poetry

with Kathy Mengle

March 21, 1997

3031 F Street, Suite 201, Sacramento

From 6:30 p.m.

TO REGISTER
SEND CHECK AND THIS FORM TO:
SACWN,
3031 F Street, Suite 201
Sacramento, CA 95816

Because of the nature of the program, tickets will be held at the door.

NAME: _____

ADDRESS: _____

_____

Number of Tickets:
SACWN Member @ **$ 5:** _____
List Membership Nos: _____

Non-members @ **$10:** _____

Total Enclosed: $ _____

Or to use VISA or Mastercard, provide
Card No: _____

Exp. Date: _____

Signature: _____
Your credit card bill will indicate a purchase from **Outsourcing Management Group.**

This event is open to women over 21 only.

SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

3031 F STREET, SUITE 201
SACRAMENTO, CA 95816

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